# **Curriculum Intent: Personal, Social, Health and Emotion (PSHE)**

**Broad and Ambitious Curriculum**

At Earley St Peter’s, Personal, Social and Health Education (PSHE) equips pupils with the knowledge, skills and attributes needed to lead healthy, safe and fulfilling lives. The curriculum develops resilience, self-esteem, critical thinking and teamwork through three core themes: health and wellbeing, relationships and living in the wider world. It prepares pupils to navigate modern Britain while fostering empathy, self-confidence and a sense of responsibility.

**Planning and Implementation**

The PSHE curriculum at Earley St Peter’s is flexible and responsive to the needs of pupils, addressing themes such as bereavement, puberty and significant world events. It integrates learning experiences, including residential trips, to help pupils reflect on values and attitudes, for example. Year 6 pupils attend a week-long residential in Wales where they are challenged to push themselves beyond their comfort zones and develop their independence and resilience. Year 5 pupils also attend a residential trip. The curriculum is also supplemented by workshops through NSPCC. Pupils explore key areas and develop the skills to make informed decisions, manage risks and contribute to their communities, e.g. in Nursery and Reception, pupils benefit from visits from real-life members of the community such as Firefighters, Police Officers and Nurseries. The curriculum builds progressively from the Early Years Foundation Stage through Key Stages 1 and 2, ensuring continuity and growth in personal, social and economic education.

**Impact on Pupils**

PSHE education at Earley St Peter’s has a measurable positive impact, increasing academic attainment, attendance rates and social mobility, particularly for disadvantaged pupils. By the time pupils leave the school, they are well-prepared to live healthy, safe, responsible and balanced lives. The curriculum ensures all pupils, including those with SEND, develop the skills and confidence needed to succeed. Assessments track progress based on individual starting points, ensuring personal growth is recognised and celebrated.